



SHIBUI



SHIBUI SPA

The Shibui Spa is a space for guests of the Greenwich to unwind, cleanse body and mind, and heal. Our philosophy is one of balance—balance between the traditional and the modern, between nature and city, and between a beauty that is organic and a beauty that is handcrafted.

To enter Shibui is to be embraced by wood, water, and stone—much of it with a storied past—and our treatments are rooted in the same simplicity and reverence for nature. The products we use are plantbased and, whenever possible, organic. Our practitioners, who are experts in ancient as well as contemporary healing techniques, approach their craft as art—with devotion, dedication, and compassion.

The Japanese word shibui, 渋い, has no exact translation into English, but it refers to a beauty that is low key, grounded, not too fancy, yet rich. The same may be said of the Shibui experience. It is luxurious and uncomplicated. There is a stillness to it. This, to us, is essential. For it is only in this stillness that a certain quality of health and beauty can become apparent.

MASSAGES

- SAKE KI Our signature massage works all of your major muscle groups with soothing Japanese ginger-and-black pepper ointment. Warm, sake-soaked towels alleviate muscular tension and detoxify, while the scent of orange and bergamot awakens the senses. (80 minutes) \$280
- DEEP MUSCLE ORIENTAL This recovering massage is perfect for those suffering from tension or muscular stress. We use a variety of healing techniques to break down knots and relieve trigger points. Our invigorating peppermint-and-camphor cream penetrates and soothes aching muscles. (50 or 80 minutes) \$220 - \$280
- WELL-BEING BAMBOO This unique treatment pairs massage with ancient Malaysian bodywork customs. Long, flowing strokes increase circulation and flush away metabolic waste, while warm bamboo cho sticks gently rolled over major muscle groups calm the nervous system. The sensory experience is rounded out with Asian rose and French vanilla body butter. (50 or 80 minutes) \$210 - \$270

MASSAGES

- TRADITIONAL JAPANESE SHIATSU In this authentic form Japanese bodywork, mild-to-deep pressure is applied to your entire body using thumbs, palms, knees, forearms, elbows, and feet. Shiatsu blends acupressure massage with stretching to stimulate the body's energy flow.
(50 or 80 minutes) \$230 - \$290
- PURE ARGAN MESSAGE This massage is designed to sculpt your body and draws on palpé-roulé techniques to target cellulite and uneven skin texture. We begin with a soft, dry brushing before working the skin with Moroccan Argan oil—a triple-antioxidant—using long, circular strokes. This is a natural way to prevent wrinkle formation, revive cell activity, and firm the skin.
(50 or 80 minutes) \$250 - \$310

MASSAGES

CHINESE
HOLISTIC
REFLEXOLOGY

Our healing foot treatment begins with a lemongrass cleansing ritual to open the energetic channels of the feet. We then massage warm propolis onto each foot, following the tenets of Chinese reflexology. Tired feet are revitalized and the body is cleansed of toxins.

(50 MINUTES) \$230

À LA CARTE MASSAGES

- STRESS RELIEVER MASSAGE** A focused massage that targets specific areas where your body holds stress and tension. (30 MINUTES) \$110
- FACE AND SCALP MASSAGE** A face and scalp massage using our signature facial elixir. Combines acupuncture and drainage techniques. Perfect for relieving head and sinus congestion. (30 MINUTES) \$110
- FOOT REVIVER** A relaxing lower-leg and foot massage with medicated oils that soothe aches and pains and revitalize tired muscles. (30 MINUTES) \$110
- OFURO JAPANESE BATH SOAK** Enjoy a relaxing soak in our authentic sunken Japanese bath as an addition to any other spa treatment. The perfect complement to a massage, body treatment, or facial. (30 MINUTES) \$120 PER PERSON

*Can be scheduled individually or with a body treatment or facial.

à la carte

BODY RITUALS*

- EXPRESS BODY SCRUB Our original exfoliating blend quickly and thoroughly renews your skin. Choose from Jasmine and White Gardenia; Lemongrass and Bamboo Flower; Ginger and Coconut; or Argan. (30 MINUTES) \$110
- SHIBUI ORGANIC SCRUB Our signature exfoliation starts with you selecting ingredients for your custom body polish from our à la carte tray, which features Asian grains, herbs, flowers, and exotic granules. We work the mixture over your entire body to buff-off dead cells. After a quick showering off, we finish with a generous application of our ultra-rich, hand-crafted body butter. (50 minutes) \$210

*All treatments include a full scalp and foot massage

BODY RITUALS

- SUMU-SU RENEWAL EXFOLIATION Offering results similar to a MicroDermabrasion treatment, this full-body salt scrub provides intense exfoliation using magnesium oxide crystals, Dead Sea salts, and granulated cane sugar. Our unique “Hydra Shield” formula seals in moisture. We end with a mist of protein enzymes to stimulate the skin and lotion massage. (50 MINUTES) \$230
- WATATSUMI ALGAE This oxygenating treatment uses a warm mixture of Japanese sea kelp and organic freshwater algae (full of vitamins and sea-trace minerals) to detoxify your skin. We end your service with a fragrant exfoliation of lemongrass and bamboo flower. (80 minutes) \$310

BODY RITUALS

- SOY MILK BATHSSAGE This treatment uses organic soy protein suspended in virgin coconut oil to deliver antioxidants that firm and strengthen underlying skin tissue. We apply this silky mask into the upper epidermis using deep, myofascial strokes. A heated massage bed promotes collagen synthesis and cell regeneration, while a ginger body polish leaves your skin aglow. (80 minutes) \$310
- LOTUS ROOT REMEDY In this relaxing, meditative treatment, a heated blend of lotus-root essence, organic oils, and herbal waxes are slowly massaged over your body to create a sealing mask that stimulates circulation and calms the nervous system. Ends with a jasmine flower scrub.(80 MINUTES) \$310

BODY RITUALS

SUKURABU GREEN TEA In Japan, green tea is revered for its ability to stimulate rapid cell regeneration. In this treatment, green-tea miracle sap is brushed over your body, then massaged deep into your skin to form a rejuvenating shield. Gentle heat encourages your cells to absorb the sap's antioxidants and enzymes, which reduce signs of aging. We finish the treatment with a buff of sugar cane, organic green tea, and granulated walnut. (80 minutes) \$310

BROWN RICE RAPPU Improve your skin's texture and moisture with one of nature's most concentrated sources of vitamin E and B complex. A paste of organic brown rice and adzuki bean is massaged over your body to create a moisturizing seal. A swift rub of organic grain powders gently exfoliates and initiates your cell's metabolic activity, leaving your skin supple, smooth, and alive. (80 MINUTES) \$310

FACIALS

FACELIFT THERAPY This non-surgical facial uses a three-layer contouring mask to improve your skin's clarity, elasticity, and texture. Microscopic magnesium crystals treat fine lines, wrinkles, mild acne scarring, and hyper pigmentation with the same glowing results as a Microdermabrasion treatment. Perfect before a special event. (80 minutes) \$380

GLOWING BIO-PEPTIDE This facial uses a glycolic and bio-peptide application to plump and firm the skin, all while smoothing lines, reducing puffiness, and minimizing enlarged pores. Glycolic acid acts as a gentle chemical peel, removing dead skin cells. We then apply a plant-based placental serum, which encourages cell turnover and improves hydration. The treatment ends with a customized mask to revitalize the skin. (50 or 80 minutes) \$230 - \$290

PURIFYING VOLCANIC CLAY This deep-cleansing and exfoliating facial uses volcanic ash and china clay to absorb toxins, deliver nutrients, and increase circulation to the skin's surface. A series of customized, nutrient-rich creams and serums are then applied to reveal refreshed skin. (80 MINUTES) \$280

EXPRESS FACIALS

CRYSTAL INSTANT LIFT Micronized crystalline gemstones blended with bentonite clay penetrate pores to lift out toxins, exfoliate, and deliver mineral nutrients. An enzyme gel is then gently massaged into your skin to tone and brighten. The perfect remedy for jet-lagged skin and a must-have before special occasions because of its immediate results. (30 MINUTES) \$110

EYE AND LIP TREATMENT This natural, therapeutic treatment combats fine wrinkles, puffiness, dark circles, and free-radical damage in the eye area. We pair it with a moisturizing lip treatment that encourages collagen production to plumps and enhance the contours of your lips as it softens, heals, and protects. (30 MINUTES) \$110

*The skincare products used in our facial treatments are botanically based and, whenever possible, organic.

*Hair stylists are available after your treatment for a blow dry and style. Please contact the spa concierge to arrange.

AESTHETIC CARE

WAXING

Facial (15 minutes)	\$35
Brow (30 minutes)	\$70
Half Leg (30 minutes)	\$85
Full Leg (40 minutes)	\$130
Bikini (30 minutes)	\$85
Brazilian (40 minutes)	\$150
Underarm (15 minutes)	\$40
Shoulder (15 minutes)	\$60
Back (30 minutes)	\$90

TINTING

Eyelash (15 minutes)	\$80
Eyebrow (15 minutes)	\$50
Eyelash extension (60 minutes)	\$300

FITNESS STUDIO

PRIVATE TRAINER

A personal workout tailored to your needs. Please reserve at least 24 hours in advance. (1 hour) \$210

HATHA YOGA

Group classes are held at the Shibui pool. (1 hour) \$65

PRIVATE YOGA SESSION

Available in the spa, in your room, or outdoors along the Hudson River. Please reserve at least 24 hours in advance. (1 hour) \$110

PRIVATE SHIBUI

IN-ROOM MASSAGE

50 minutes or 80 minutes \$240-\$300

MAKE-UP

Day Time	\$150
Cocktail Time	\$210
Night Life	\$240

HAIRSTYLING

Brushing and Styling	\$230
Hair Cut and Blow Dry	\$380
Hair Cut for Men	\$250
Hair styling for special occasions	\$450

HAND AND FEET

B' PEDICURE

Draws on Bastien's medical expertise to eliminate skin rigidity and nail problems. His unique buffing process (a family secret) brings a brilliant, natural shine to the nail plate. Finishes with a targeted massage designed to increase mobility in the foot. (50 minutes) \$310

WARM CLASSIC MANICURE OR PEDICURE

Includes exfoliation, warm cream soak, massage, nails cure, and polish application. (40 minutes) \$ 120 - \$150

IN-AND-OUT MANI-PEDI

An express manicure and pedicure. Includes a basic cure, file, buff, mini-massage, and polish application for both hands and feet. (60 minutes) \$170

SHIBUI

OPENING HOURS 6AM TO 10PM
TREATMENT HOURS 9AM TO 9PM

APPOINTMENTS

We recommend booking your treatment at least 24 hours in advance.

CANCELLATION POLICY

Please cancel or reschedule your treatment at least four hours prior to your appointment to avoid a full charge.

ARRIVAL TIME

We recommend that you arrive at least twenty minutes in advance so that you may enjoy Shibui's facilities. We regret that we may not be able to complete the full service if you arrive late and treatment fees cannot be prorated.

HEALTH CONSIDERATIONS

When making an appointment, please let us know if you are pregnant or have any health concerns, such as high blood pressure, heart conditions, or allergies. We will tailor your treatment accordingly.

GRATUITY

A 20% gratuity will be added to your bill.

MOBILE PHONES

As a courtesy to other guests please turn off all electronic devices. We will be happy to take messages for you and pass them on to you.

SPA ATTIRE

Shibui Robes and Sandals are available in your locker. Swimwear is available for purchase. During treatments, undergarments may be worn for your comfort.